**PATENT** 

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant:	Matthew Ashenden	
Serial No.:	TO BE ASSIGNED	) ) Examiner: Not Yet Assigned
Filed:	HEREWITH	) Art Unit: Not Yet Assigned
For: APPA	ARATUS FOR REDUCING STRESS	) )
Atty. Dkt. No.: 7149-101D1 )		

## PRELIMINARY AMENDMENT

CERTIFICATE OF MAILING UNDER 37 C.F.R. 1.10

I hereby certify that this correspondence is being deposited with the United States Postal Service "Express Mail Post Office to Addressee" service under 37 CFR 1.10 in an envelope addressed to: Mail Stop Patent Application, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450 on the date shown below.

Date: August 20, 2003

August 20, 2003 865 South Figueroa Street, 29th Floor Los Angeles, California 90017-2576

Mail Stop Patent Application Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

Sir:

Preliminarily to action in the subject application, please amend the aboveidentified application as follows:

Amendments to the title are reflected on page 2 of this paper.

Amendments to the specification are reflected on page 3 of this paper.

Amendments to the Claims are reflected in the listing of claims which begins on page 4 of this paper.

## Amendments to the Title:

Please replace the title with the following amended title:

METHOD AND APPARATUS FOR REDUCING STRESS